



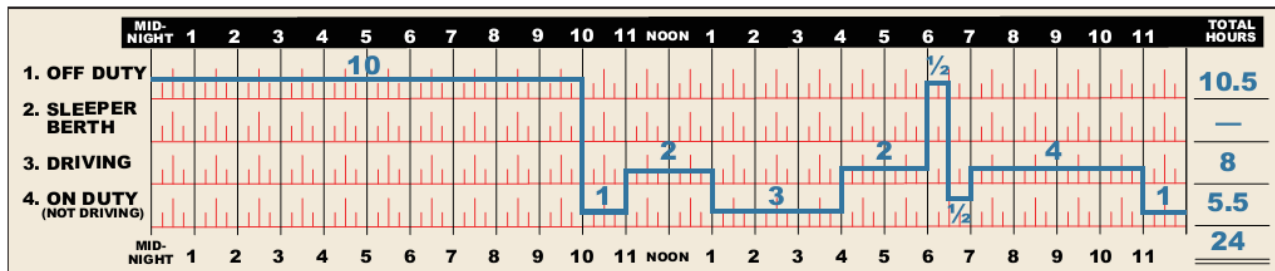
# DOT Reference Card

| PROVISION                             | PRIOR RULE                                    | FINAL RULE COMPLIANCE - DATE JULY 2013                                                                                                                                                                                                                    | SLEEPER BERTH PROVISION                                                                                                                                                                                          |
|---------------------------------------|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Limitations on min "34-hour restarts" | None                                          | (1) Must include two consecutive periods between 1 a.m. - 5 a.m. home terminal time. (2) May only be used once per week.                                                                                                                                  | Drivers using the sleeper berth provision must take at least 8 consecutive hours in the sleeper berth, plus a separate 2 consecutive hours either in the sleeper berth, off duty, or any combination of the two. |
| Rest Breaks                           | None as limited by other rule provisions      | May drive only if 8 hours or less have passed since end of driver's last off-duty period of at least 30 minutes.                                                                                                                                          |                                                                                                                                                                                                                  |
| PROVISION                             | PRIOR RULE                                    | FINAL RULE - COMPLIANCE DATE FEB 27, 2012                                                                                                                                                                                                                 |                                                                                                                                                                                                                  |
| On-duty time                          | Includes any time in CMV except sleeper-berth | Does not include any time resting in a parked vehicle (also applies to passenger carrying drivers). In a moving property-carrying CMV, does not include up to 2 hours in passenger seat immediately before or after 8 consecutive hours in sleeper-berth. |                                                                                                                                                                                                                  |
| Penalties                             | "Egregious" hours of service violations       | Driving 3 or more hours beyond the driving-time limit maybe considered an egregious violation and subject to max civil penalties.                                                                                                                         |                                                                                                                                                                                                                  |

### REQUIRED INSPECTED ITEMS IN CAB

- CDL
- Medical Cert
- Logbook
- Registration
- Cab Card
- Regulation
- Functioning Seat belt
- (3) Warning Triangles
- Secured Extinguisher (with updated inspection)
- Accident Kit
- Insurance Card
- DVIR Book
- Provision Sheet
- Fuses
- Permit

### Rest Breaks Provision- Example



May drive only if 8 hours or less have passed since end of driver's last off-duty period of at least 30 minutes. Lunch/ Breaks WILL NOT extend a 14 hour window.

### Restart Provision- Example

| 1/1 SAT                        | 1/2 SUN | 1/3 MON                                                                                                               | 1/4 TUE | 1/5 WED | 1/6 THU | 1/7 FRI | 1/8 SAT                                                                        | 1/9 SUN |
|--------------------------------|---------|-----------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|--------------------------------------------------------------------------------|---------|
| 48 hours consecutive off duty. |         | From Monday (1/3) through Friday (1/7), driver accumulates a total of 60 hours (on duty and driving) for that period. |         |         |         |         | Driver starts new 34-hour restart period <u>beginning</u> with Saturday (1/8). |         |

Must include 2 periods between 1 a.m.- 5 a.m. home terminal time. May only be used 1 per week (168 hours).

# Trip Planning Tool



Start time: \_\_\_\_\_

Pre-trip completed? \_\_\_\_\_ Logged on line #4? \_\_\_\_\_

Where required 30 minute rest break will occur? \_\_\_\_\_

Is the rest break within 8 consecutive hours of being on-duty? \_\_\_\_\_

Where fuel will occur today? \_\_\_\_\_ Logged on line #4? \_\_\_\_\_

Where end of day will occur? \_\_\_\_\_

Within 11 hours drive limit? \_\_\_\_\_

Post trip completed? \_\_\_\_\_ Logged on line #4? \_\_\_\_\_

Within 14 hours from start of day? \_\_\_\_\_

|        | 1. Monday | 2. Tuesday | 3. Wednesday | 4. Thursday | 5. Friday | 6. Saturday | 7. Sunday |
|--------|-----------|------------|--------------|-------------|-----------|-------------|-----------|
| Day    |           |            |              |             |           |             |           |
| Hours  |           |            |              |             |           |             |           |
| Total: |           |            |              |             |           |             |           |

Do the hours for the past 8 days exceed 70? \_\_\_\_\_

## Day 1- Blank Log Tool

|                          | MID-NIGHT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | NOON | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | TOTAL HOURS |  |  |
|--------------------------|-----------|---|---|---|---|---|---|---|---|---|----|----|------|---|---|---|---|---|---|---|---|---|----|----|-------------|--|--|
| 1: OFF DUTY              |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 2: SLEEPER BERTH         |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 3: DRIVING               |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 4: ON DUTY (NOT DRIVING) |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| REMARKS                  |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |

## Day 2- Blank Log Tool

|                          | MID-NIGHT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | NOON | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | TOTAL HOURS |  |  |
|--------------------------|-----------|---|---|---|---|---|---|---|---|---|----|----|------|---|---|---|---|---|---|---|---|---|----|----|-------------|--|--|
| 1: OFF DUTY              |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 2: SLEEPER BERTH         |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 3: DRIVING               |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| 4: ON DUTY (NOT DRIVING) |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |
| REMARKS                  |           |   |   |   |   |   |   |   |   |   |    |    |      |   |   |   |   |   |   |   |   |   |    |    |             |  |  |