DOT Reference Card

**PROVISION** | **PRIOR RULE** | **FINAL RULE COMPLIANCE - DATE JULY 2013** | **SLEEPER BERTH PROVISION**
---|---|---|---
Limitations on min “34-hour restarts” | None | (1) Must include two consecutive periods between 1 a.m. - 5 a.m. home terminal time. (2) May only be used once per week. | Drivers using the sleeper berth provision must take at least 8 consecutive hours in the sleeper berth, plus a separate 2 consecutive hours either in the sleeper berth, off duty, or any combination of the two.
Rest Breaks | None as limited by other rule provisions | May drive only if 8 hours or less have passed since end of driver’s last off-duty period of at least 30 minutes. |
Penalties | “Egregious” hours of service violations |

**FINAL RULE - COMPLIANCE DATE FEB 27, 2012**

Does not include any time resting in a parked vehicle (also applies to passenger carrying drivers). In a moving property-carrying CMV, does not include up to 2 hours in passenger seat immediately before or after 8 consecutive hours in sleeper-berth.

Driving 3 or more hours beyond the driving-time limit maybe considered an egregious violation and subject to max civil penalties.

**REQUIRED INSPECTED ITEMS IN CAB**
- CDL
- Medical Cert
- (3) Warning Triangles
- Extinguisher (with updated inspection)
- Logbook
- Registration
- Cab Card
- Accident Kit
- Insurance Card
- DVIR Book
- Provision Sheet
- Regulation
- Functioning Seat belt
- Fuses
- Permit

**Rest Breaks Provision- Example**

May drive only if 8 hours or less have passed since end of driver’s last off-duty period of at least 30 minutes. Lunch/ Breaks WILL NOT extend a 14 hour window.

**Restart Provision- Example**

48 hours consecutive off duty. From Monday (1/3) through Friday (1/7), driver accumulates a total of 60 hours (on duty and driving) for that period. Driver starts new 34-hour restart period beginning with Saturday (1/8).

Must include 2 periods between 1 a.m.- 5 a.m. home terminal time. May only be used 1 per week (168 hours).
Trip Planning Tool

Start time: ____________________________

Pre-trip completed? ____________ Logged on line #4? ________________

Where required 30 minute rest break will occur? ________________________

Is the rest break within 8 consecutive hours of being on-duty? ________________

Where fuel will occur today? ________________ Logged on line #4? ________________

Where end of day will occur? ________________________

Within 11 hours drive limit? ________________________

Post trip completed? ________________ Logged on line #4? ________________

Within 14 hours from start of day? ________________________

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Do the hours for the past 8 days exceed 70? ________________________

Day 1- Blank Log Tool

Day 2- Blank Log Tool